

## CROW MIDDLE / HIGH SCHOOL - HEALTH (10<sup>TH</sup>)

Instructor: Heather Hohnstein — Room Number 110

Phone: 541-935-2227 best time to reach me: before school, prep. period 11:10 – 12:00 pm, or after school

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**Course length:** Semester I, 09/2/14—01/30/15

**This is a Required Course**

**Prerequisite(s):** Teacher Approval

**Each student must earn 1 credit to meet graduation requirements.**

**Course Description:** Careers is a course designed to educate students about nutrition and growth development; healthy relationships and human sexuality; mental and emotional wellness; alcohol, tobacco and other drugs; body systems and first aid; and health occupations.

**Common Core State Standards:** Go to the Oregon Department of Education website for a complete description of each standard: <http://www.ode.state.or.us/search/results/?id=53>. For the Health related standards:

<http://www.ode.state.or.us/opportunities/grants/hklb/hiv aids/glm-hs.pdf>

1. Alcohol, Tobacco, and Other Drug Prevention
2. Prevention and Control of Disease
3. Promotion of Environmental Health
4. Promotion of Healthy Eating Habits
5. Promotion of Mental, Social, and Emotional Health
6. Promotion of Physical Activity
7. Promotion of Sexual Health
8. Unintentional Injury Prevention
9. Violence and Suicide Prevention

**Texts:** There is not a text for this course.

**If a parent deems any topic inappropriate an alternative assignment will be provided. An opt out letter will be sent home during the first week of the course.**

**Classroom Expectations:** I expect that your behavior will follow all school rules, and refer to CROW!

Careful & Safe

Respect All

Own Responsibility

Work for Excellence

Be sure to:

- Store cell phones and I-Pods in your backpack or locker during class. School policy says that a teacher may confiscate these devices for a parent to pick up from the office if you persistently bring them to class. The school / district are not responsible for lost or stolen materials.
- Bring **only water** bottles to class (**no food or candy**). **Gum** will be allowed, however, if it becomes an issue, it will be banned from this classroom!

### **Plagiarism:**

Cheating or plagiarizing (using another's words or ideas without crediting the source) is not allowed. Plagiarism and/or cheating will result in an automatic "F" for the assignment—not just for you but for the person who allowed you to copy his/her work too. In addition, a parent/teacher/student meeting will be arranged to discuss the issue. A second offense could result in loss of credit for the entire course.

**Required Materials:** One three ring binder, college ruled notebook paper, pens with blue or black ink, pencils, and an excellent attitude!

**Personal Assistance:** If you need help with Careers assignments outside of class please make an appointment with me. I am here to help you in any way I can. I will give you every opportunity to succeed in this class.

**Safety:** If there is a fire drill you will exit the classroom and building and go to the field behind the computer lab until we receive the signal that it is safe to return to the classroom. If there is a lock down situation you will need to remain in the classroom or other secure area in the building until we receive notice that it is safe to leave campus.

**Evaluation/Performance Expectations:** Grades are determined by points earned through assignments, tests, projects, and discussions. **Every assignment is worth points!** The grade breakdown follows a traditional percentage scale:

100-97%= A+	89-87%= B+	79-77%= C+	69-67%= D+	59-0%= F
96-93%= A	86-83%= B	76-73%= C	66-63%= D	
92-90%= A-	82-80%= B-	72-70%= C-	62-60%= D-	

Grade comprised of:	<u>Category</u>	<u>Percent of Total</u>
	Participation	50%
	Projects	50%
		100%

**Grade Break Down:**

Participation includes attendance, tardies, preparedness, behavior, and work habits= 50%  
Projects: include assignments and projects = 50%

*Percentages are approximate and may change as curriculum is adjusted to meet student needs.*

**Late Assignments/Make up work:** It is your responsibility to remain current with all assignments!

If you have an excused absence, you have the same number of days that you were absent to turn in work assigned while you were absent for full-credit.

- You may visit my webpage at [mrshohnstein.weebly.com](http://mrshohnstein.weebly.com) find your class and scroll to the correct date/assignment you may have missed.
- Late work earns half-credit. You have **five days** to make up late work. After five days from the original due date I will **not** accept the assignment. An unexcused absence will not enable you to make up work!

**Extra Credit/Extra Help:** Generally, it is not my policy to give "extra credit." Extra help can be obtained by arranging an appointment with me before or after school.

**CMHS is an equal opportunity employer and educator**

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<b>Student Signature</b>	<b>Date</b>	<b>Parent/Guardian Signature</b>	<b>Date</b>
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**This signed Syllabus is to be kept in the student's notebook.**

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